

## **PUBLICATIONS AND MEDIA APPEARANCES**

### **Dalcroze Society of America**

*The Embodiment of Musical Expression and Communication: A Place for Dalcroze and Plastique Animee*

<https://dalcrozeusa.org/blog/plastique-animee-the-importance-of-the-embodiment-of-musical-expression-and-communication/>

### **Music Hubs and Services Magazine**

*Don't Forget the Music. Memorising music: freedom, fear, and finding strategies that work*

[https://issuu.com/primarymusicmagazine/docs/music\\_hubs\\_services\\_magazine\\_issue\\_3\\_autumn\\_2025](https://issuu.com/primarymusicmagazine/docs/music_hubs_services_magazine_issue_3_autumn_2025)

### **International Journal for Music, Health and Wellbeing**

*Combined music and movement based entrainment activities positively impact sharing capacity exhibited in the school environment by children aged 4-5 years*

[https://storage.googleapis.com/wzukusers/user-20563976/documents/85eb7b67c58f404594cb8ed6ab180c64/Hodgson%2C%20A.%202025%20\(r\)\(ed\)\(typ\)%20v2.pdf](https://storage.googleapis.com/wzukusers/user-20563976/documents/85eb7b67c58f404594cb8ed6ab180c64/Hodgson%2C%20A.%202025%20(r)(ed)(typ)%20v2.pdf)

### **MTIIS Podcast**

*Dalcroze, Strings, and Play-Based Learning in Early Years and Primary*

<https://mtiis.co/podcast/43/>

### **Primary Music Magazine**

*Musical Play in the Early Years*

[https://issuu.com/primarymusicmagazine/docs/primary\\_music\\_magazine\\_issue\\_8.2\\_summer\\_2024\\_final/s/51792067](https://issuu.com/primarymusicmagazine/docs/primary_music_magazine_issue_8.2_summer_2024_final/s/51792067)

### **The Chamberlain Music Teacher Hub**

*Meet the teacher - Astamarie Hodgson, POWIIS Tanjung Bungah, Penang, Malaysia*

<https://www.chamberlainmusic.com/blogs/teacher-hub/meet-the-teacher-astamarie-hodgson-powiss-tanjung-bungah-penang-malaysia>

## PD TRAINING SESSIONS OVERVIEW

### ***Musical Entrainment in Storytelling to Promote Prosocial Behaviours* (Boogie Mites Monthly Webinars, online - 20/04/2026)**

Entrainment (synchronisation) has been shown to enhance prosocial behaviours in young children. In this session, learn how to think creatively about how to engage learners in storytelling whilst incorporating entrainment activities. Acquire the knowledge, skills and confidence to help level up the impact of your story telling sessions.

### ***Musical Stories and the Importance of Entrainment* (Librarians Knowledge Sharing Workshop, Gurney Bay Hotel, Penang - 29/11/2024)**

This interactive presentation, delivered at the annual Librarians Knowledge Sharing Workshop, focused on my own personal research project into the potential benefits of entrainment. Adding actions, sounds, movement, and music to story times with young children can enhance prosocial behaviours such as sharing.

### ***Improvisation: The Forgotten Strand of Dalcroze* (FOBISIA Music Teachers' Conference, DBS Denla British School, Bangkok - 27/09/2024)**

During this interactive session, delegates had the chance to explore and discover numerous different ways of approaching teaching improvisation at different levels. The use of songs, games, digital platforms, and instruments, ensured there was something for everyone to take away and implement in their practice.

### ***Meaningful Musical Learning in EYFS Play* (FOBISIA Music Teachers' Conference, DBS, Denla British School, Bangkok - 26/09/2024)**

Often in EYFS, practitioners can find facilitating or nurturing musical development daunting, else opportunities provided are under par and lack direction and depth of learning. This workshop outlined the needs of young children based on academic

literature and personal experience, ensuring practitioners felt empowered to provide for, and interact musically with their youngest learners.

***Listen Up!* (INSET, Prince of Wales Island International School Tanjung Bungah, Penang - 09/11/2024)**

This was the launch of a school wide listening project, the focus of which was to develop a holistic picture of what children, staff, and families listen to, to encourage breadth of listening, and to use music to bridge and explore different cultures. A short training in Spotify was followed by an explanation of the objectives of the listening project, and also ideas about how to use the data and platforms in the classroom every day.

***Meaningful Musical Learning in EYFS Play* (All Things Music in Primary & EYFS FOBISIA JAWS Invitational Conference (Hybrid), POWIIS Tanjung Bungah, Penang - 31/03/2023)**

This session provided delegates with the opportunity to consider the importance of musical interactions during play, and how to facilitate music learning during free flow in the Early Years setting. Topics covered included how to identify musical behaviour, delivering appropriate responses, and ideas for extended learning Attendees were also provided with the chance to analyse children interacting musically with each other.

***Musical Development in Early Childhood* (Penang Teach Meet, POWIIS TB, Penang - 08/11/2022)**

***Empowering Primary Teachers in Musical Teaching and Learning* (2019 - INSET)**